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boston psychoanalytic
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**WILLIAM JAMES
COLLEGE**

The Lawrence E. Lifson, MD, Psychotherapy Conference:

Psychodynamic Psychotherapy 2019

Friday and Saturday, May 3–4, 2019

The Fairmont Copley Plaza Hotel, Boston, MA

Pre-Conference Institute: Thursday, May 2, 2019

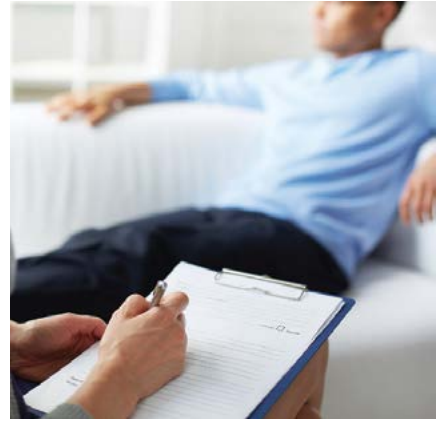
Beyond “Doer and Done To”: Putting the Theory of “The Third” into Clinical Practice

Jessica Benjamin, PhD

Main Conference: Friday, May 3, 2019 – Saturday, May 4, 2019

Psychodynamic Psychotherapy 2019

- The therapeutic action of psychodynamic psychotherapy
- Current concepts of cure
- Integration of theory into practice
- Contributions of time-honored constructs
- Deepening the psychodynamic process
- Widening its scope of applicability



**Register by
March 29, 2019
for discounted
pricing**

Co-Sponsored by:
Massachusetts Institute for Psychoanalysis (MIP)
PINE Psychoanalytic Center
C.G. Jung Institute, Boston
Three Ripley Street

Register at: www.psychotherapyupdate.org

About the Conference Co-Directors

Lawrence E. Lifson, MD, Co-Director

Dr. Lifson is a Lecturer on Psychiatry, Harvard Medical School; Director, Continuing Education Program at Beth Israel Deaconess Medical Center; Co-Chair, Continuing Education, Boston Psychoanalytic Society & Institute; Faculty, Boston Psychoanalytic Society & Institute; Distinguished Life Fellow, American Psychiatric Association; Recipient, Massachusetts Psychiatric Society's, 2012 Outstanding Psychiatrist in Education Award; 2016 Recipient, Tufts Medical Alumni Association Dean's Award; 2018 recipient American Psychoanalytic Association Edith Sabshin Teaching Award; Editor, *Understanding Therapeutic Action: Current Concepts of Cure* and *The Mental Health Practitioner and the Law*; and *Psychology of Investing*.

Martha Stark, MD, Co-Director

Dr. Stark is a Lecturer on Psychiatry (part-time), Harvard Medical School, Cambridge Health Alliance; Co-Director/Faculty, Center for Psychoanalytic Studies, William James College; Faculty, Psychiatry Redefined; Adjunct Faculty, Smith College School for Social Work; Former Faculty, Boston Psychoanalytic Society & Institute and Massachusetts Institute for Psychoanalysis; Author, *Working with Resistance, A Primer on Working with Resistance, Modes of Therapeutic Action, The Transformative Power of Optimal Stress, Psychotherapeutic Moments, How Does Psychotherapy Work?* and *Relentless Hope*.

Accreditation

Physicians: This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the American Psychoanalytic Association and the Boston Psychoanalytic Society and Institute. The American Psychoanalytic Association is accredited by the ACCME to provide continuing medical education for physicians.

The American Psychoanalytic Association designates this Live Activity for a maximum of 19 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

- The Pre-Conference Institute: A maximum of 6 *AMA PRA Category 1 Credit(s)*[™]
- Psychodynamic Psychotherapy 2019: A maximum of 13 *AMA PRA Category 1 Credit(s)*[™]

The Royal College of Physicians and Surgeons of Canada recognizes conferences and workshops held outside of Canada that are developed by a university, academy, hospital, specialty society or college as accredited group learning activities.

Through an agreement between the American Medical Association and the European Union of Medical Specialists, physicians may convert *AMA PRA Category 1 Credit*[™] to an equivalent number of European CME Credits® (ECMECs®). Information on the process of converting *AMA PRA Category 1 Credits*[™] to ECMECs® can be found at: www.eaccme.eu.

IMPORTANT DISCLOSURE INFORMATION FOR ALL LEARNERS: None of the planners and presenters of this CME program have any relevant financial relationships to disclose.

Psychologists: The Continuing Education Program at Beth Israel Deaconess Medical School, a major teaching hospital of Harvard Medical School, is approved by the American Psychological Association to offer Continuing education for psychologists. The Continuing Education Program at Beth Israel Deaconess Medical School, a major teaching hospital of Harvard Medical School, maintains responsibility for this program and its contents. The Pre-Conference Institute offer 6 CE credits. Psychodynamic Psychotherapy 2019 offers 13 CE credit.

Social Workers: Application for social work continuing education credits has been submitted. Please contact Jean-Marie Flynn at 617-754-1265 or by email at jean - jflynn2@bidmc.harvard.edu for the status of social work CE accreditation.

State of New York Social Workers: The Continuing Education Program at Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School is recognized by the New York State Education Department's State Board for Social Work as an Approved Provider of continuing education for licensed social workers. The Pre-Conference Institute is approved for a 6 CE hours and Psychodynamic Psychotherapy 2017 is approved for 13 CE Hours.

Nurses: These programs meet the specifications of the Board of Registration in Nursing (244 CMR).

Mental Health Counselors: The Continuing Education Program at Beth Israel Deaconess Medical Center is an NBCC-Approved Continuing Education Provider (ACEPTM) and may offer NBCC-approved clock hours for events that meet NBCC requirements. The ACEPTM solely is responsible for all aspects of the program. This program meet the criteria for 19 clock hours.

Licensed Marriage and Family Therapists: Application for FDA/CE continuing education credits has been submitted. Please contact Jean-Marie Flynn at 617-754-1265 or by email at jean - jflynn2@bidmc.harvard.edu for the status of FDA/CE accreditation.

Early Registration Discount Available Through 3/29/19

Beyond “Doer and Done To”: Putting the Theory of “The Third” into Clinical Practice

Pre-Conference Institute: Thursday, May 2, 2019

Jessica Benjamin, PhD

Dr. Jessica Benjamin – one of the founders of relational psychoanalysis, one of the first to introduce feminism into psychoanalytic thought, and award-winning author of the groundbreaking *The Bonds of Love* (1988) and *Beyond Doer and Done To* (2017) – is generally thought to be one of the most influential psychoanalysts of the last four decades.

Many years ago, Benjamin introduced her evocative formulations about the widespread appeal of love relationships involving domination and submission, that is, the compelling “complementarity” of “doer and done to” – “bonds of complicity” that ensnare both subjects. Benjamin is also known for having introduced the universally relevant dynamic of “mutual recognition” in relationships, whereby each subject “feels the other as a like subject with a distinct, separate center of feeling and perception.” “Coming into being” of this mutual recognition requires the indestructibility of both subjects. Intersubjectivity is therefore not a birthright but a hard-earned achievement.

Over the course of the day, Benjamin will be offering her expanded formulations (both theoretical and clinical) about the negotiation of disruption and repair in relationships (whether in the developmental realm, the psychotherapeutic realm, the social realm, or the political realm). The intersubjective process of repairing the ruptures caused by mutual enactments (“complementary impasses of doer and done to”) and of then discovering that both subjects survive is the means by which mutual recognition is achieved and/or evolved to the next level.

Benjamin will also be expounding upon her uplifting concept of “Thirdness” – “a quality of intersubjective relatedness” that is intertwined with “mutual surrender” and necessary for both subjects to embrace if they are to extricate themselves from the “doer-done to” impasses in which they will periodically find themselves embroiled, threatening complete breakdown of their intersubjective relationship. The Third acknowledges not only that these intersubjective violations are inevitable but also that both subjects will be able to work together to “restore a world in which both can live.”

Periodic ruptures caused by failures in recognition are necessary and, even, desirable because, over time, they will facilitate resolution of some of the paradoxes of human experience, namely, the struggle between self-assertion and recognition of the other as an equivalent subject, between independence and interdependence, between autonomy and relatedness, and between discovery and co-creation. Ultimately, relational processes of repair will promote the pleasure of mutuality between two subjects and the joy of sharing – whether between individuals, genders, political parties, or nations.

Educational Objectives: Upon completion of this Pre-Conference Institute, participants will be able to:

- describe the dynamic of “doer and done to” as it gets enacted in relationships;
- define the concept of mutual recognition;
- clarify the relationship between *The Third* and mutual surrender;
- explain the concept of mutual survival of enacted breakdowns;
- elaborate upon the relationship between resolution of rupture and promotion of harmony between conflicting subjects.

8:15am	Registration
8:45am-9:00am	Welcome and Overview, Julie Watts, LICSW
9:00am-5:00pm	Conference
12:30pm-1:45pm	Lunch (on your own)
5:00pm	Adjourn

Jessica Benjamin, PhD, is considered to be one of the most influential psychoanalysts of the last four decades. She is one of the founders of relational psychoanalysis and is one of the first to introduce feminism and gender studies into psychoanalytic thought. She is well-known for her effort to explain the classical aspects of psychoanalysis using object relations, relational psychoanalysis and feminist thought. She is also a major contributor to the concept of intersubjectivity in psychoanalysis. In 2005, Dr. Benjamin received the Hans – Kilian Award for her achievements in the fields of psychoanalysis, feminist psychology and the theory of intersubjective recognition. She is the author of *The Bonds of Love; Like Subjects, Love Objects; Shadow of the Other*; and *Beyond Doer and Done To*.

Registration Note: You may register for this Pre-Conference workshop by itself or as part of a discounted package that includes the main conference on Friday and Saturday.

Psychodynamic Psychotherapy 2019

2-day Conference: Friday and Saturday, May 3–4, 2019

This conference is dedicated to the memory of George G. Fishman, MD, beloved colleague and friend, who was closely associated with this conference from its very beginning.

This extraordinary 15th annual conference features renowned faculty in the field of psychodynamic psychotherapy offering their innovative and evolving reflections on the integration of theoretical constructs into clinical practice, as well as case presentations and discussions by master clinicians.

Our overriding goal will be to widen the scope of applicability of psychodynamic psychotherapy to a broader range of clinical situations and to deepen understanding of the curative process, with special attention to the contributions of both patient and therapist in the unfolding of the “cure.”

Objectives

Upon completion of this 2-day conference, participants will be able to:

- Define the contributions of different paradigms to therapeutic change;
- Evaluate various therapeutic approaches to four compelling case presentations;
- Analyze the impact of cultural issues on the therapeutic action;
- Determine the role of transference in the curative process;
- Describe the difference between the transference and the real relationship;
- Utilize the countertransference to inform a richer understanding of the patient;
- Examine the role of the unconscious in the patient’s actions, reactions, and interactions;
- Identify essential factors underlying negative therapeutic reactions;
- Expound upon the importance of grieving the therapist’s empathic failures;
- Explain indications for brief psychodynamic therapy;
- Elucidate the therapeutic action of psychodynamic psychotherapy;
- Demonstrate effective ways to integrate theoretical constructs into clinical practice.

Continuing this Year

- Four thought-provoking presentations (two on Friday and two on Saturday) featuring preeminent leaders in the field of psychodynamic psychotherapy.
- Four compelling case presentations (two on Friday and two on Saturday), each followed by two discussions demonstrating the integration of theory and practice.
- The presentations will represent a variety of treatment approaches that will widen the scope of applicability of psychodynamic psychotherapy.
- The case discussants will represent different clinical perspectives that will deepen understanding of therapeutic action.

Who Should Attend

- **Psychiatrists**
- **Psychologists**
- **Social Workers**
- **Psychoanalysts**
- **Marriage and Family Therapists**
- **Mental Health Counselors**
- **Psychiatric Nurses**
- **Students in Mental Health Fields***

** Students are encouraged to attend, and discounted student rates are available. See the registration form.*

Early Registration Discount Available Through 3/29/19

2-Day Psychodynamic Psychotherapy Agenda

Friday, May 3, 2019

7:45am	Registration
8:15am	Welcoming Remarks Nicholas Covino, PsyD
8:30am	Overview Phillip Freeman, MD
8:45am	<i>Case Presentation:</i> The Little Red Wagon: Empathizing with Oedipus Richard Geist, EdD
9:30am	<i>Case Discussants</i> Robert Fox, LICSW Carolyn Stack, PsyD
10:15am	Coffee Break
10:45am	Engaging with Xenophobia and Racism in Psychoanalytic Psychotherapy Usha Tummala Narra, PhD
11:30am	<i>Panel and Audience Discussion of Morning Presentations:</i> Robert Fox, LICSW Richard Geist, EdD Carolyn Stack, PsyD Usha Tummala-Narra, PhD
12:15-1:45pm	Lunch (on your own)
1:45pm	<i>Case Presentation:</i> Healing the Psychic Split: The Process of Working Through Rafael Ornstein, MD
2:30pm	<i>Case Discussants:</i> Linda Carter, MSN, CS Patricia Gianotti, PsyD
3:15pm	Coffee Break
3:30pm	Embodiment and the Perversion of Subjective Desire Andrea Celenza, PhD
4:15pm	<i>Panel and Audience Discussion of Afternoon Presentations:</i> Linda Carter, MSN, CS Andrea Celenza, PhD Patricia Gianotti, PsyD Rafael Ornstein, MD
5:00pm	Adjourn

Saturday, May 4, 2019

8:15am	Overview Alan Pollack, MD
8:30am	<i>Case Presentation:</i> Time, Time, Time, See What's Become of Me: A Journey from Ledge to Life Elizabeth Corpt, LICSW
9:15am	<i>Case Discussants:</i> Martha Stark, MD Joan Berzoff, EdD, LICSW
10:00am	Coffee Break
10:30am	Future Tense: The Not-Yet, the Possibility of Possibilities, and the Horizons of Time Alfred Margulies, MD
11:15am	<i>Panel and Audience Discussion of Morning Presentations:</i> Joan Berzoff, EdD, LICSW Elizabeth Corpt, LICSW Alfred Margulies, MD Martha Stark, MD
12:00-1:30pm	Lunch (on your own)
1:30pm	<i>Case Presentation:</i> The Corrective Emotional Experience Revisited Patricia Coughlin, PhD
2:15pm	<i>Case Discussants:</i> James Barron, PhD Elizabeth (Libby) Shapiro, PhD
3:00pm	Coffee Break
3:15pm	An Emotionally Empty Narcissistic Woman with a Negative Therapeutic Reaction: First Do No Harm Eric Plakun, MD
4:00pm	<i>Panel and Audience Discussion of Afternoon Presentations</i> James Barron, PhD Patricia Coughlin, PhD Eric Plakun, MD Elizabeth (Libby) Shapiro, PhD
5:00pm	Adjourn

Changes and substitutions may be made without notice.

Distinguished Faculty

James Barron, PhD, Faculty member of the Boston Psychoanalytic Society and Institute (BPSI); Chair of the BPSI Board of Trustees; Chair of the APsAA Department of Psychoanalytic Education/Section of the Psychoanalyst in the Community; Author and Editor of articles and books on various psychoanalytic topics, including the interface of psychoanalysis and psychology, organizational responses to sexual boundary violations, self-analysis, gender and psychoanalysis, psychoanalytic perspectives on humor, impact of managed care on psychodynamic treatment, and the links between subjective states and the diagnostic process.

Joan Berzoff, EdD, LICSW, Professor Emerita, Smith College School for Social Work; Past Co-Director, Doctoral Program, and Past Director, End of Life Certificate Program, Smith College School for Social Work; Author, *Falling Through the Cracks and Dissociative Identity Disorder*; First Co-Author, *Inside Out and Outside In and Living with Dying*; Recipient of multiple writing, scholarship, teaching, and leadership awards.

Linda Carter, MSN, CS, IAAP, Jungian Analyst and Faculty, Pacifica Graduate Institute; Chair, Art and Psyche Working Group; Past US Editor-in Chief, *Journal of Analytical Psychology* (JAP), Past Book Review Editor, *JAP* and present Film and Culture Editor, *JAP*; Co-editor of *Contemporary Perspectives in Jungian Analysis*.

Andrea Celenza, PhD, Assistant Professor of Psychology in the Department of Psychiatry (part-time) Harvard Medical School; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Faculty, Massachusetts Institute for Psychoanalysis; Co-Director/Faculty, Center for Psychoanalytic Studies, William James College; recipient of several awards; Author, *Erotic Revelations: Clinical Applications and Perverse Scenarios, and Sexual Boundary Violations: Supervisory, and Academic Contexts*.

Elizabeth Corpt, LICSW, Past President, Board Member, Faculty, and Supervising Analyst at the Massachusetts Institute for Psychoanalysis, Harvard Medical School Department of Psychiatry at the Program for Psychotherapy, Cambridge Health Alliance, and Co-Editor in Chief of the journal *Psychoanalysis, Self, and Context*.

Patricia Coughlin, PhD, Clinical Faculty, University of New Mexico School of Medicine; past faculty, Northwestern University Medical School, Albany Medical College, and the Thomas Jefferson School of Medicine; Author, *Intensive Short-term Dynamic Psychotherapy: Theory and Technique, Lives Transformed (with Dr. David Malan)*, and *Maximizing Effectiveness in Dynamic Psychotherapy*.

Nicholas Covino, PsyD, President, William James College.

Phillip Freeman, MD, Training and Supervisory Analyst, Boston Psychoanalytic Society and Institute; Faculty, Boston Psychoanalytic Society and Institute; Assistant Professor and past Vice-Chair; Department Psychiatry, Boston University School of Medicine. Author: *Adaptations, Disquisitions on Psychoanalysis 1997-2006*.

Robert Fox, LICSW, Adjunct Faculty, Lesley University Division of Counseling and Psychology; Founder and Director, Institute for Existential-Psychoanalytic Therapy; Co-Founder and Steering Committee, New England Center for Existential Therapy.

Patricia Gianotti, PsyD, Academic Director and Senior Faculty, The Wayne Institute for Advanced Psychotherapy at Bellarmine University; Co-Author (with Dr. Jack Danielian) *Listening with Purpose: Entry Points into Shame and Narcissistic Vulnerability, and Uncovering the Resilient Core: A Workbook on the Treatment of Narcissistic Defenses, Shame, and Emerging Authenticity*.

Richard Geist, EdD, Founder, Teaching and Supervising Analyst, Massachusetts Institute for Psychoanalysis; Executive Board, International Association for Psychoanalytic Self Psychology; Author, *Investor Therapy*; Co-Editor, *Psychology of Investing, Associate Editor, International Journal of Psychoanalytic Self Psychology*.

Alfred Margulies, MD, Associate Professor of Psychiatry, Harvard Medical School; Associate Chair, Department of Psychiatry, Cambridge Health Alliance; Training and Supervising Analyst, Boston Psychoanalytic Society & Institute; Recipient, Harvard Medical School Faculty of Medicine Prize for Excellence in Teaching; Recipient, Massachusetts Psychiatric Society 2013 Outstanding Psychiatrist Award in Clinical Psychiatry; Co-Founder, Cambridge Health Alliance Program for Psychotherapy; Author, *The Empathic Imagination*.

Rafael Ornstein, MD, Instructor in Psychiatry, Harvard Medical School; Faculty, Boston Psychoanalytic Society & Institute; Supervisor, Psychiatry Residency, Massachusetts General Hospital.

Eric Plakun, MD, Medical Director/CEO, Austen Riggs Center; Distinguished Life Fellow, American Psychiatric Association, Recipient, Massachusetts Psychiatric Society 2003 Outstanding Psychiatrist Award in Clinical Psychiatry; Editor, *New Perspectives on Narcissism and Treatment Resistance and Patient Authority: The Austen Riggs Reader*.

Alan Pollack, MD, Faculty and Former Director of Psychotherapy Training, Boston Psychoanalytic Society and Institute.

Elizabeth (Libby) Shapiro, PhD, Assistant Professor of Psychology in Psychiatry (part-time), Harvard Medical School; Supervisor and Teaching Faculty, Cambridge Health Alliance.

Carolyn Stack, PsyD, Faculty and Supervising Analyst, Massachusetts Institute for Psychoanalysis; Co-Editor, *Bringing the Plague: Toward a Postmodern Psychoanalysis*.

Usha Tummala-Narra, PhD, Associate Professor, Department of Counseling, Developmental and Educational Psychology, Boston College; Past chair of the Multicultural Concerns Committee, for Division 39, APA; Author of *Psychoanalytic Theory and Cultural Competence in Psychotherapy*.

Julie Watts, LICSW, President, Boston Psychoanalytic Society and Institute; Faculty, Boston Psychoanalytic Society and Institute.

Early Registration Discount Available Through 3/29/19

Registration Form

1. Complete the following information:

Last Name _____ First Name _____ MI _____
Street Address _____
City _____ State _____ Zip _____
Phone _____ Email _____
Occupation _____

2. Select your registration option from the table below:

Psychodynamic Psychotherapy 2019	<i>Regular Registration After 3/29/19</i>	<i>Early Registration Through 3/29/19</i>
Full Conference (May 2-4, 2019)	<input type="checkbox"/> \$550	<input type="checkbox"/> \$495
Pre-Conference only (May 2, 2019)	<input type="checkbox"/> \$225	<input type="checkbox"/> \$195
Main conference only (May 3-4, 2019)	<input type="checkbox"/> \$395	<input type="checkbox"/> \$350

NOTE: Students, interns and fellows may register at the following discounted rates:

Full course: \$275, Pre-Conference only: \$125, Main conference only: \$195

3. Select your payment method

- Payment Enclosed: Check # _____ Amount \$ _____
(Make check or money order payable to CEP, Inc. Do not send cash.)
- Bill my institution: P.O.# _____
- Please charge my: AMEX Visa MasterCard
- Name on card _____ Expires _____
- Card # _____ SIC Code _____

To Register by Mail:

**Complete the fields to the left, include payment, and mail to:
CEP/MMHC**

**Jean-Marie Flynn
75 Fenwood Road, 4th Floor
Boston, MA 02115**

To Register Online:

Visit www.psychotherapyupdate.org

Refund Policy:

A handling fee of \$60 is deducted for cancellation. Refund requests must be received by mail or email jflynn2@bidmc.harvard.edu one week prior to the conference. No refunds will be made thereafter.

For More Information, Contact:

The Continuing Education at Beth Israel Deaconess Medical Center, a major teaching hospital of Harvard Medical School 617-754-1265 or jflynn2@bidmc.harvard.edu

Venue

The Fairmont Copley Plaza Hotel

138 St. James Ave.
Boston, MA 02116
1-800-441-1414 • Boston@fairmont.com

IMPORTANT NOTE: A limited number of guest rooms have been reserved at a special discounted rate and will be allotted on a first-come, first-served basis until April 8, 2019. Please register and reserve your hotel rooms as early as possible, using the discount code below.

DISCOUNT CODE: Psychotherapy 2019



The Fairmont Copley Plaza recently celebrated its 100th anniversary with a major renovation of its meeting facilities and guest rooms. This landmark hotel is centrally located in Boston's historic Back Bay, steps away from the Boston Public Library, Beacon Hill, and the Freedom Trail, and within easy walking distance of the Copley Place Mall and the famous boutiques of Newbury Street.

Register at: www.psychotherapyupdate.org